

A MULTIPLE-PHASE MAN-TO-MAN OFFENSIVE SYSTEM

OFFENSIVE SUCCESS

Man Offense Spot Ups

Secondary
Fast Break

Baseline
Out of Bounds
Plays

Sidelines
Out of Bounds
Plays

Various
Man Offense
Plays/Entries

Primary Fast
Break (After
Opponents
MADE FG)

Various Full
Court Press
Offenses (After
Opponents
MADE FG)

Free Throw
Fast Break
(After
Opponents
MADE FT)

Transition From
Opponents
Missed FTs or
Turnovers

Various Man Offense
Sets/Alignments

'False Motion'
From One Man
Set To Another
Man Set

'Shifting' From
One Man Set
to Another
Man Set

BUILDING BLOCKS FOR YOUR MAN-TO-MAN OFFENSE

“ON THE BALL SCREENING ACTION”

DOUBLE BALL SCREENS

OFF BALL SCREEN THE
BALL SCREENER

TWISTED DOUBLE BALL
SCREENS

BALL SCREEN AND ROLLS

BALL SCREEN AND
RIM-RUNS

BALL SCREEN AND 2ND
SCREENS

BALL SCREEN & POPS

LONG BALL SCREENS

GHOST BALL SCREENS

FLAT BALL SCREENS

‘SMALL ON BIG’ BALL
SCREENS

‘BIG ON SMALL’ BALL
SCREENS

INSIDE BALL SCREENS

INSIDE BALL SCREEN &
ROLLS

INSIDE BALL SCREENS &
SECOND SCREENS

INSIDE BALL SCREENS &
FLARE CUTS